

Solid–Liquid Equilibrium of Tristearin with Refined Rice Bran and Palm Oils

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In the present study, phase diagrams of two systems, formed by tristearin (1,3-di(octadecanoyloxy)propan-2-yl octadecanoate) with refined rice bran oil or refined palm oil, were obtained by Differential Scanning Calorimetry (DSC) and reported in the literature for the first time. The X-ray diffraction technique was employed to verify the crystallization behavior of the individual components and for the mixture tristearin plus refined palm oil. The UNIFAC model was successfully used to predict the *liquidus* line of these systems, with a root-mean-square deviation between the experimental and calculated melting temperatures below 1.3 %.

Introduction

The world consumption of vegetable oils has been increasing recently due to their application in the chemical, pharmaceutical, cosmetic, and food industries. Besides their wide use in the human diet, vegetable oils are an important raw material in the oleochemical industry and in the production of biodiesel.

Some vegetable oils are rich in nutraceutical components. Palm oil is rich in antioxidant substances such as carotenoids and tocopherols.¹ Similarly, rice bran oil is indicated for human consumption on account of its hypocholesterolemic effect, due to the presence of considerable amounts of vitamin E, γ -orizanols, and tocotrienols.²

Due to the widespread industrial applications of vegetable oils, knowledge of their properties and equilibrium behavior is of great importance. Mixtures of triacylglycerols, major constituents of vegetable oils,³ are often fractionated by crystallization, so that the corresponding solid–liquid equilibrium diagrams are important for design of such a purification process. Knowledge of the equilibrium behavior is also important for checking thermodynamic models, such as the UNIFAC model,⁴ as a predictive tool. Furthermore, to better understand the solidification of mixtures and to develop new predictive models, it is essential to have precise and reliable experimental data.

Solid–liquid equilibrium data for several binary systems containing triacylglycerols,^{5,6} fatty acids,^{7–11} and fatty acids with organic solvents^{12–14} were already reported in the literature. On the other hand, equilibrium data for the crystallization of fatty compounds from a complex liquid environment, such as edible oils, are still scarce in the literature. Data on the *liquidus* line obtained for the crystallization of pure palmitic acid from

its solution with commercial triolein were recently published.¹⁵ The commercial triolein used in that work contained at least 13 main triacylglycerols, and the measured *liquidus* lines could be well predicted using the UNIFAC Dortmund model. Rice bran and palm oils should be considered liquid systems with a still more complex character than commercial triolein: they contain more than 15 main triacylglycerols with a higher variation in the number of double bonds and carbon atoms in their chains.^{2,16} Furthermore, the triacylglycerol composition of these oils is more evenly distributed, increasing the complexity of the liquid phase.

In the present study, the selected edible oils simulate the complexity of the liquid phase present in crystallization processes for fats and oils fractionation. Tristearin was chosen as the triacylglycerol to be crystallized and/or melted during the phase equilibrium measurements because its melting point suggests that it would be the unique component to remain solid after the oil melting. In addition, pure tristearin is also a frequently investigated triacylglycerol, whose melting and polymorphic behavior is well-known.^{17–19}

The Differential Scanning Calorimetry (DSC) technique is often used in the measurement of solid–liquid equilibrium of fatty mixtures.^{5,6,20–22} In the present work, this technique was complemented with X-ray diffraction to check whether tristearin is the unique component present in both phases along the whole SLE diagram. Moreover, the predictive capacity of the UNIFAC Dortmund model was tested for estimating the *liquidus* lines of both investigated systems.

Experimental Section

Reagents. The standards used for calibration of the DSC were indium (99.99 %) certified by TA Instruments (United States), benzoic acid (min 99.9 %, Mettler), and deionized water (Milli-Q, Millipore). Commercial nitrogen (used for preparing the samples) and high purity nitrogen (used in the calorimeter as a purge gas) were supplied by Air Liquide (Brazil). Tristearin (min 99 %) was supplied by Sigma, and the refined rice bran

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Table 1. Fatty Acid Compositions of Refined Rice Bran and Palm Oils

symbol	fatty acid (i)	PM g·mol ⁻¹	refined rice bran oil	palm oil
			100·x _i	100·x _i
L	lauric C12:0	200.20	-	0.65
M	miristic C14:0	228.38	1.16	1.10
P	palmitic C16:0	256.43	19.57	44.69
Po	palmitoleic C16:1	254.42	0.66	0.08
S	stearic C18:0	284.49	1.50	4.66
O	oleic C18:1	282.47	37.66	39.56
Li	linoleic C18:2	280.45	35.08	8.86
Le	linolenic C18:3	278.44	2.65	-
A	arachidic C20:0	312.54	1.57	0.40
Ga	gadoleic C20:1	310.52	0.15	-

Table 2. Probable Triacylglycerol Composition of Refined Rice Bran and Palm Oils

group	main triacylglycerol (i)	PM	rice bran oil	palm oil
		g·mol ⁻¹	100·x _i	100·x _i
46:1	LOP	777.28	-	0.85
48:0	PPP	807.35	-	5.91
48:1	MOP	805.33	-	1.55
48:2	OOL/MLiP	803.31	-	0.66
50:0	PPS	835.40	-	1.83
50:1	POP	833.38	4.66	28.75
50:2	PLiP	831.37	4.25	7.06
50:3	PLeP	829.35	0.63	-
52:1	POS	861.44	0.87	5.98
52:2	POO	859.42	11.73	23.42
52:3	POLi	857.41	18.84	9.91
52:4	PLiLi	855.39	8.98	1.12
52:5	PLiLe	853.37	0.80	-
54:1	POA	889.49	-	0.82
54:2	SOO	887.48	1.30	2.49
54:3	OOO	885.46	8.25	5.70
54:4	OOLi	883.44	17.51	3.25
54:5	OLiLi	881.43	15.18	0.70
54:6	LiLiLi	879.43	5.49	-
54:7	LiLiLe	877.38	0.64	-
56:3	OLiA	913.52	0.59	-
56:4	LiLiA	911.50	0.28	-

and palm oils were provided, respectively, by Tio João and Agropalma, both from Brazil.

Rice bran and palm oils were analyzed by gas chromatography of the fatty acid methyl esters according to the official method (1-62) of the AOCS.²³ Samples were prepared in the form of fatty acid methyl esters according to the methodology developed by Hartman and Lago.²⁴ Details about the chromatographic runs were described elsewhere,^{2,16} and the corresponding fatty acid compositions of the edible oils are reported in Table 1. On the basis of these fatty acid compositions, the triacylglycerol compositions of rice bran and palm oils (Table 2) were estimated using the procedure suggested by Antoniosi Filho and co-workers.^{2,16,25}

Preparation of Pseudobinary Mixtures. The mixtures, with a total weight of approximately 1 g, were prepared on an analytical balance (Adam AAA/L) with an accuracy of ± 0.2 mg as described in detail elsewhere.⁸⁻¹⁰ This experimental procedure allows an appropriate homogenization of the liquid mixture after the complete melting of its components and also avoids oxidation by excessive heating.¹⁰

Differential Scanning Calorimetry (DSC). The temperature-driven melting processes of the tristearin, refined rice bran oil, refined palm oil, and their mixtures were characterized by DSC using a MDSC 2920, TA Instruments calorimeter. The calorimeter was equipped with a refrigerated cooling system which, in the present study, operated between (230 and 380) K, as explained in previous studies.⁸⁻¹⁰ Peak top temperatures were

considered as the melting temperatures of the mixtures. The cooling rate of $1.0 \text{ K} \cdot \text{min}^{-1}$ was chosen to induce the tristearin crystallization in its most stable form. The selected heating rate ($1.0 \text{ K} \cdot \text{min}^{-1}$) guarantees a quasi-equilibrium state along the experimental run, so that the obtained data are comparable to equilibrium data measured by static methods.⁸

The accuracy of the experimental data was evaluated through five repeated runs performed for the calibration substances, three for pure tristearin and palm oil and two repeated runs for two selected mixtures. Absolute average deviations (AAD) obtained between runs performed with calibration substances was within the range from (0.03 to 0.06) K. In the case of the runs performed with pure tristearin, palm oil, and the selected mixtures, the absolute average deviations (AAD) varied within the range of (0.03 to 0.2) K. On the basis of these replicated runs, the uncertainty of the equilibrium results was estimated as not higher than 0.2 K.

X-ray Diffraction. The X-ray powder diffraction analyses were performed at different temperatures with a Philips diffractometer working in the Bragg–Brentano ($\theta:2\theta$) geometry, using Cu–K radiation and a secondary graphite monochromator. The X-ray patterns were collected at a constant temperature, using an Anton PAAR TTK 450 camera with a heating rate of $0.02 \text{ K} \cdot \text{s}^{-1}$ and 5 min of stabilization time. The measurements were at (250 and 312) K. The patterns were scanned with 0.02° in 2θ steps and acquisition time of 2 s, with scans of (5 to 40°) (2θ scale).

Results and Discussion

Figure 1 shows the thermograms for rice bran oil, palm oil, and tristearin. The thermogram for pure tristearin is in good agreement with previous results found in the literature.^{2,16} Tristearin exhibits three different polymorphic forms (α , β' , and β), each of them characterized by a particular chain packing and thermal stability.¹⁹

Despite the thermal treatment described in the Experimental Section, the thermogram exhibits two endothermic peaks, the first one related to the melting of the α -form and the second one to the melting of the β -form. The exothermic peaks in the range from (330 to 335) K are related to the following events: polymorphic transition to the β' -form, melting of this crystalline form, and recrystallization into the β -form.¹⁷⁻¹⁹

The resting time used in the thermal treatment, 30 min at 295 K, was not sufficient to allow for crystallization into the β -form, the most stable one for pure tristearin, but was efficient to prevent its crystallization in a less stable form in the oil presence, as will be discussed later.

The thermograms for the rice bran and palm oils shown in Figure 1 indicated a large range of melting temperatures, from (240 to 265) K in the case of the rice bran oil and from (250 to 310) K for the palm oil. This behavior is related to the variety of triacylglycerols present in the composition of these oils,^{2,16,26-28} and melting temperatures are influenced by the number of carbon atoms in the molecular chain of the different triacylglycerols as well as by the number of unsaturations in these substances. The number of unsaturations is more pronounced in the rice bran oil due to the existence of triacylglycerols with four, five, and six double bonds in its composition.

Figure 2 shows the thermograms for the system tristearin + refined rice bran oil, and Figure 3 shows the phase diagram for this system. The evolution of the peaks with an increase of the tristearin concentration in pure rice bran oil can be observed in these thermograms. For refined rice bran oil, $x_{\text{SSS}} = 0.00$, as was discussed above, a large range of melting temperatures is

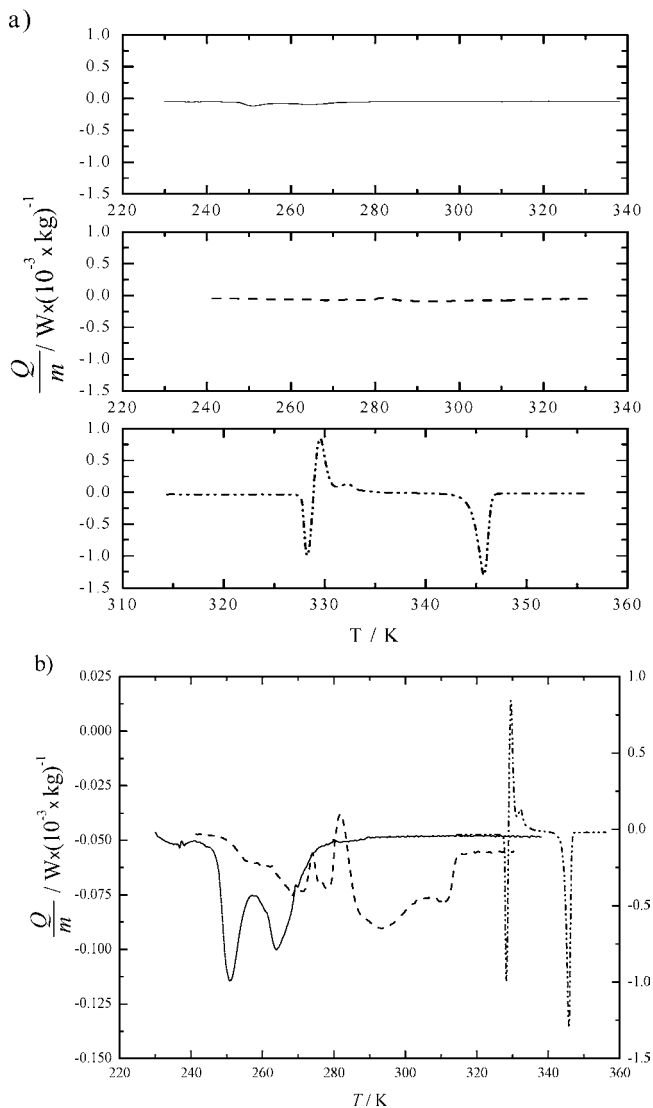


Figure 1. Thermograms of: —, refined rice bran oil; ---, refined palm oil; ·····, tristearin.

observed. With the increase of the tristearin in the mixture, the appearance of a small peak is perceptible at higher temperatures, around 330 K. This small peak became more intense with the decrease of the refined rice bran oil concentration in the mixture. Although the amount of tristearin increases, for example to $x_{SSS} \cong 0.80$, just three peaks are observed, the first two peaks, at smaller temperature, attributed to the melting of the rice bran oil and the third one, at higher temperature, attributed to the melting of tristearin. Just for pure tristearin, it is possible to see three major peaks: a well-defined peak can be observed at a high temperature plus another two, one endothermic and another exothermic, related to changes in the crystalline forms of tristearin, as discussed above. The disappearance of the peaks related to the polymorphic transitions of the pure tristearin is probably caused by direct crystallization into the β -form during the cooling process, facilitated by the oil presence. This means that the thermal treatment was, in most cases, successful in inducing the tristearin crystallization in its most stable form. This fact makes easier the thermogram interpretation and, consequently, the construction of the corresponding phase diagram.

Some thermograms of the system tristearin + refined palm oil are shown in Figure 4. The addition of palm oil to the pure

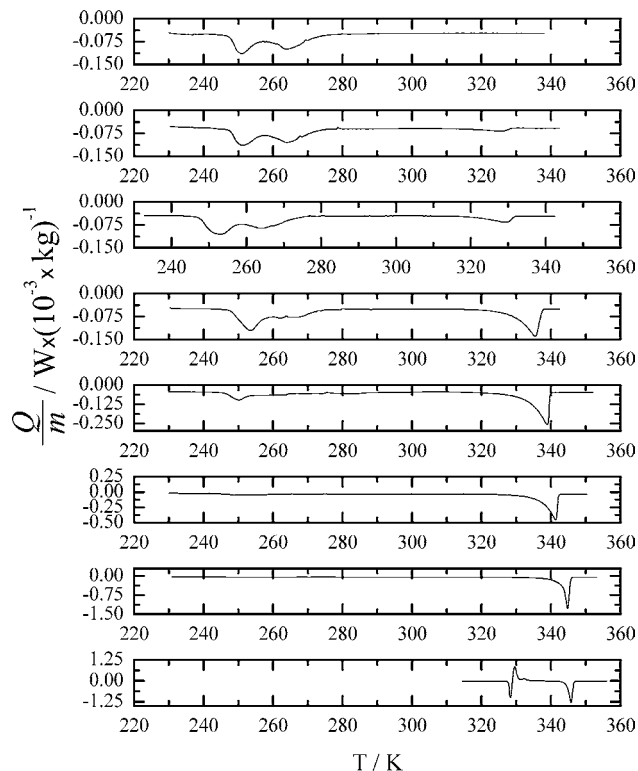


Figure 2. Thermograms of the system refined rice bran oil + tristearin: (a) $x_{SSS} = 0.00$; (b) $x_{SSS} \cong 0.02$; (c) $x_{SSS} \cong 0.05$; (d) $x_{SSS} \cong 0.15$; (e) $x_{SSS} \cong 0.30$; (f) $x_{SSS} \cong 0.50$; (g) $x_{SSS} \cong 0.80$; (h) $x_{SSS} = 1.00$.

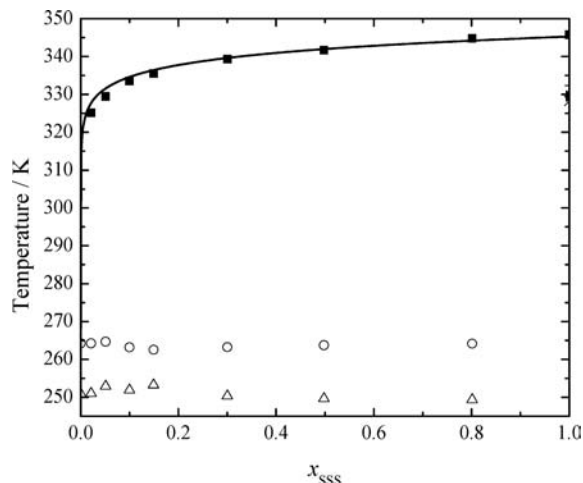


Figure 3. Phase diagram of the rice bran oil + tristearin system. ■, melting temperature of the mixture; ○, temperature of complete oil melting; △, transition temperature of the solid phase; ×, solid triangle pointing right, +, −, solid–solid transition of the pure tristearin; —, UNIFAC model.

tristearin also caused disappearance of the peaks related to the polymorphic transitions of pure tristearin, as suggested above.

As shown in the inset in Figure 4, the presence of palm oil resulted in a much more complex thermogram in the whole region close to the complete melting of the oil. This series of peaks was probably related to transitions occurring only in the palm oil, as indicated by the similarities between these peaks and those observed in the thermogram for the pure palm oil. Due to these complexities, it is difficult to associate each peak or region in the thermogram with specific phase transitions. Nevertheless, the complete melting of the mixture, corresponding to the peak at the highest temperature, was very well-defined, and on this basis the *liquidus* line could be precisely determined. The corresponding *liquidus* line is shown in Figure 5.

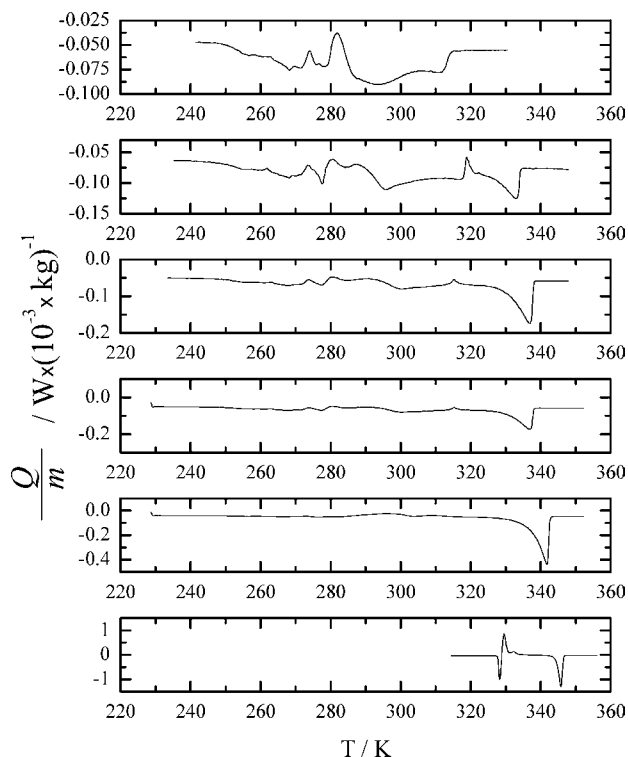


Figure 4. Thermograms of the system refined palm oil + tristearin: (a) $x_{SSS} = 0.00$; (b) $x_{SSS} \cong 0.10$; (c) $x_{SSS} \cong 0.20$; (d) $x_{SSS} \cong 0.30$; (e) $x_{SSS} \cong 0.50$; (f) $x_{SSS} = 1.00$.

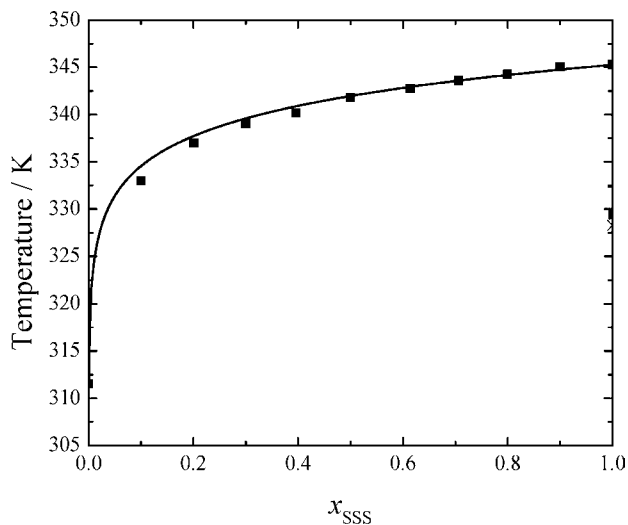


Figure 5. Phase diagram of the palm oil + tristearin system: ■, melting temperature of the mixture; ×, solid triangle pointing right, —, solid–solid transition of the pure tristearin; - - -, UNIFAC model.

It can be observed in both phase diagrams that the oils melted completely at a temperature of approximately 264 K in the case of rice bran oil and at 311 K for the palm oil, and, in turn, almost all the tristearin remained in the solid state, generating a region of solid–liquid equilibrium within the temperature range located between the melting temperatures of the oils and the *liquidus* line.

To obtain a better characterization of the phase transitions below the *liquidus* line, diffraction patterns were measured for individual components and for the mixture tristearin + refined palm oil, at $x_{SSS} \cong 0.50$. The diffraction patterns are presented in Figure 6. Figure 6a shows the diffraction pattern obtained at 250 K, a temperature in which, according to the phase diagram,

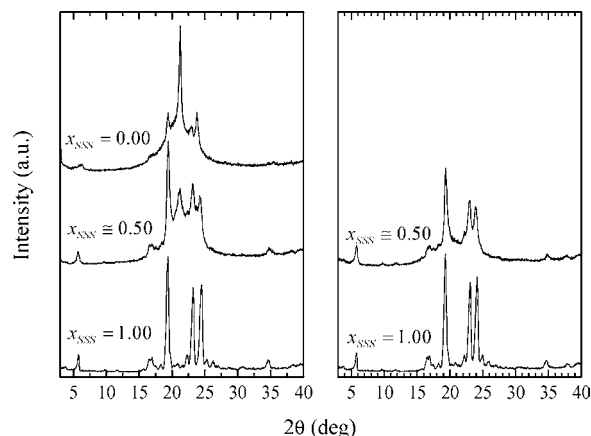


Figure 6. Diffraction patterns of the system tristearin + refined palm oil at two temperatures: (a) 250 K and (b) 312 K.

Table 3. Melting and Transition Temperatures of the Systems Tristearin with Rice Bran Oil and Palm Oil

x_{SSS}	tristearin + refined rice bran oil			tristearin + refined palm oil	
	T_{fus} K	$T_{complete\ oil\ melting}$ K	T_{trans} K	$T_{trans\ of\ pure\ tristearin}$ K	T_{fus} K
0.0000	264.03	264.24	250.91		0.0000 311.56
0.0213	325.14	264.25	251.04		0.0995 333.00
0.0509	329.45	264.67	252.91		0.2010 336.97
0.0999	333.50	263.17	251.94		0.3000 339.03
0.1493	335.50	262.53	253.25		0.3952 340.17
0.3003	339.30	263.23	250.34		0.4997 341.80
0.4981	341.66	263.75	249.62		0.6141 342.78
0.8015	344.79	264.18	249.37		0.7058 343.58
1.0000	345.27			332.33 328.27 329.51	0.7995 344.28
					0.9004 345.06
					1.0000 345.27

all components, including pure tristearin and palm oil, are in a solid state. Figure 6b was obtained at 312 K. At this temperature, most of the tristearin presented in the mixture is in a solid state, while palm oil is completely molten.

As can be seen in Figure 6a, the most important region of diffraction is comprised within the range $15^\circ \leq 2\theta \leq 27^\circ$. Pure tristearin presents three intense diffraction peaks at $2\theta \cong 19^\circ$, $2\theta \cong 23^\circ$, and $2\theta \cong 24^\circ$, respectively. Palm oil exhibits just one intense diffraction peak at $2\theta \cong 21^\circ$. In the diffraction pattern for the mixture, it is clear that both refined palm oil and pure tristearin coexist in the solid phase, but they were independently crystallized because the four diffraction peaks previously mentioned can be observed for the composition $x_{SSS} \cong 0.50$, although with a lower intensity.

At 312 K, it is possible to observe almost the same diffraction patterns for pure tristearin. The unique difference is a small shift to the left side of the peaks at $2\theta \cong 23^\circ$ and $2\theta \cong 24^\circ$ when the temperature was increased from (250 to 312) K. This shift can be attributed to the expansion of the unit cell parameters. Comparing the diffraction patterns obtained for pure tristearin and for the mixture at 312 K, it is clear that tristearin is in a solid state, and the broadening that can be noted in the base of the peaks should be attributed to the presence of liquid palm oil.

Table 3 gives the melting temperatures obtained from the DSC measurements of both systems. In this table, the compositions are given in molar fraction of tristearin, and the temperatures presented were obtained determining the peak top temperature of each mixture, as indicated in previous studies.^{8,11}

In the present study, the objective was to investigate the solid–liquid behavior of these oils in mixtures with a pure

Table 4. Root-Mean-Square Deviation (rmsd) between the Experimental and Calculated Data^a

system	rmsd/K
rice bran oil + tristearin	1.22
palm oil + tristearin	0.58

^a rmsd = $[\sum_{i=1}^n (T_{i,exp} - T_{i,calc})^2/n]^{1/2}$, where T is the temperature and n is the number of experimental points.

triacylglycerol and to verify the applicability of the UNIFAC model⁴ for predicting the *liquidus* line of systems with much more complex liquid phases than in previously tested systems.¹⁵ To use the UNIFAC model, the triacylglycerol compositions of rice bran and palm oils were required, and this information was obtained in Rodrigues et al.² and Gonçalves et al.¹⁶ It should be noted that exactly the same samples used in those works were employed in the present one.

Figures 3 and 5 indicated that the UNIFAC model was able to correctly predict the experimental data for both systems. The root-mean-square deviation (rmsd) was used to evaluate the quality of the prediction made by the model, and the results obtained for both systems are presented in Table 4. Although the rmsd for the system palm oil + tristearin showed a better value, the rmsd for the system rice bran oil + tristearin was also good, and both corroborated the fact that the UNIFAC model succeeded in predicting the phase equilibrium of such complex systems.

Conclusion

Differential scanning calorimetry was a successful technique for measuring the SLE data of complex fatty systems. X-ray diffraction patterns allowed concluding that the oils and tristearin, in each system, crystallize individually and confirm that tristearin is the unique component in the mixture that remains in both phases along the whole SLE diagram. The UNIFAC model was used to predict the *liquidus* line of these systems and was shown to be adequate, presenting low deviations in comparison to the experimental data.

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